



Ephesians 2:20 "...built on the foundation of the apostles and prophets, with Christ Jesus himself as the chief cornerstone."

WHAT'S ON

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Head of Primary



'It was the most beautiful island in the whole world. It has white shell beaches, pale-gold sand and

tumbled black rocks where the spray threw rainbows into the sky.' (Wendy Orr)

In Year 2 at present we are reading *Nim's Island*, to link with our Science and Geography units. Each week, as our students listen to the novel, they take part in a comprehension skill called visualisation. This skill refers to our ability to create pictures in our heads, based on text we read or words we hear. It is one of the many skills that makes reading comprehension possible. How marvellous to be able to create an image of an island in the middle of an ocean with endless possibilities.

Every reader uses this skill to involve themselves in the book they are reading, to link the images in the book with their reality. It takes you to places you may have been to, or may never get to, but it is up to the writer to take you there – visualising.

This year, our Book Week theme is called 'Escape to Everywhere' which encourages our students to read books to help them escape to different settings and events. During our Book Week parade, our Primary students dressed up as one of their favourite book characters, a book that they became involved in, that made them feel part of and they could read for enjoyment.

Where will you escape to when reading your next book?

Springfield Schools Debating

Monday 14 August was the last night in our Springfield Schools Debating competition. The debaters improved so much over the four debates, working hard to action the feedback from the adjudicator each debate. We look forward to the program in 2018 where we hope more local schools will join with St Peter's Springfield, Springfield Anglican School and Springfield Central State School.

Debbie West-McInnes, Head of Primary



NOTICE

2018 is shaping up to be a very exciting year at St Peter's Lutheran College Springfield. The Leadership Team are well underway with final planning for the new school year. With 15 per cent enrolment growth this year and more students expected in 2018, we are currently recruiting additional teaching staff.

I take this opportunity to remind you that if you do not intend to have your child/ren enrolled at St Peter's next year, *then you need to give the school one term's notice*, according to your enrolment contract. This deadline is **Wednesday 13 September**.

Thank you for your continued support.

Jill Lange-Mohr, Principal

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Positive Education at St Peters

One of the College's Strategic Objectives is to 'Enhance Student Learning outcomes through the creation and embedding of a wellbeing health framework that underpins the

Teaching and Learning Program of the College'. Enhanced wellbeing is synonymous with better learning. We have been examining closely how as a College we might be able to do this is a proactive way.

One of the key ways that we envisage this happening in the future is through what is known as Positive Psychology. Positive Psychology is a branch of applied psychology that seeks to improve wellbeing at both an individual and societal level. Positive Psychology endeavours to build resilience, more positive emotion, more engagement, better relationships, more meaning and purpose, and enhance accomplishment as a means to build well-being and resilience.

It is being used increasingly, in Education (called Positive Education), and in Health (Positive Health). Interestingly, David Cameron, the former

British Prime Minister, spoke – during his prime ministership – about what Positive Psychology might mean for England, at a societal level.

In order to implement Positive Education, we are using a framework known as PERMA. PERMA is a world-class framework developed by Dr Martin Seligman, from the University of Pennsylvania. PERMA stands for:

- Positive Emotion
- Engagement
- Meaningful Relationships
- Meaning and Purpose
- Achievement and Accomplishment.

When we increase our levels of positive emotion; when we increase our engagement with others, and with school and community; when we build meaningful relationships; when we increase meaning in our lives; and when we achieve goals, the research shows that we enhance wellbeing and learning. Positive Education is empirically based and research driven. Therefore, the skills of it are teachable.

As a staff this year at St Peters, we have been learning about it, with a view to understanding how we might teach it, embed it, and live it at St Peters, going into the future. This is an exciting initiative for St Peters, as we seek to proactively build student wellbeing and enhance learning.

Tim Kotzur, Head of College



Follow Mr Kotzur on Twitter
@Head_StPeters

Community Focus Day: Ipswich Cares

Uniform Free Day: Tuesday 22 August 2017

Dear Parents/Guardians/Caregivers

Please be advised that Tuesday 22 August is a Uniform Free Day. Students may choose to wear free dress for a gold coin donation (to be collected during their PC class) as a fundraiser for Ipswich Cares.

Ipswich Cares is an initiative of the Ipswich City Council which supports projects in developing countries – by providing safe drinking water, humanitarian aid, and business and education opportunities. Ipswich Cares began in 2007, in partnership with Compassion Australia. This year, they will provide Water Filtration Units as part of the *Water for Life* program. Ipswich Cares aims to raise \$1 for every Ipswich resident and St Peters College supports this worthy initiative.

Dress guidelines for the day:

- modest, neat clothes in good repair (eg, no short shorts, short skirts and shirts must have sleeves, etc)
- no midriff tops
- hat
- enclosed footwear (ie, safe for HPE and the science lab)
- jewellery, make-up and hair – College regulations apply

The College reserves the right to determine inappropriate or unsafe attire and will take appropriate action for a breach of this code. This may mean that parents will be called to collect their child.

Yours in Christ

Pastor Matthew Wilksch, Chaplain
Ms Jill Lange-Mohr, Principal



I am stressed. I am tired. I feel overwhelmed... These symptoms alert us to the increase in work load at this time of the term. Some feel more tired than others and tensions are on the rise, often expressed in different ways. Some people grow weary while others seem to thrive, rising to the challenge when deadlines are set. Some get anxious when they have to speak in front of the whole class. Others seem to be able to just do it.

Of course, we know that it helps to be organised: keeping on track with homework and exam preparations and starting work on assignments immediately when they are given. But sometimes it just does not come that easily.

We know that we all have different talents. For some Maths is easy. Others struggle. Some love English. Others are better on the sports field. How do we keep on track if work gets difficult?

How do people bounce back when life does not play out the way they had planned? What keeps them going when faced with unexpected challenges? How do we cope?

Different people, different circumstances and different coping mechanisms. I learned from those who role modelled for me what gives sustenance and hope when faced with hurdles in our lives.

In different ways, they had grasped that there was 'more beyond' what we experience; 'more beyond' than what we can make or achieve ourselves, and they had come to trust what we call 'God' as a source of hope, life and love.

I remember one friend who said that the many years of practising liturgy, prayer, and reflecting on biblical stories sustained him when faced with the incurable illness and the death of his beloved one:

'When I could not believe nor had any words left in my despair and grief, I could lean on those prayers and words I had rehearsed – and they spoke to me of hope, of "more beyond", of a loving God who held on to me.'

Sometimes you are allowed to get a glimpse of that caring presence when someone helps you with the subject you struggle with – or when you support a peer. It can be that special moment when we realise how we can make a difference in someone's life, how what we say or do can make or break another person.

You are all invited to those special times and places, where a time of stillness, reflection and prayer is offered and the words of hope and encouragement are proclaimed: 'Fear not! For I am with you!'

God grant you strength and perseverance for the rest of the term; grant you eyes to see the bigger picture; grant you people in your life who witness to his love for you; and grant you opportunities to learn, grow and trust, to love and live – in the midst of and despite all the challenges!

Pastor Silke Moolman, Indoeroopilly Chaplain

BOOK CHARACTER DAY PARADE



NEED FOR FEED



This semester, students in Years 7 and 8 have had the opportunity to participate in Diabetes Qld's Need for Feed Cooking Program. During this time, students will learn a number of cooking skills and techniques, as well as information about nutrition. The program kicked off last Tuesday, with our budding chefs cooking chicken burritos and apple-berry crumble... YUM!

Caitlin Vizcay-Wilson, Teacher



BOOK CHARACTER DAY PARADE, CONTINUED



NATIONAL SCIENCE WEEK

National Science Week is Australia's annual celebration of science and technology. It provides an opportunity to acknowledge the contributions of Australian scientists to the world of knowledge. It also aims to encourage an interest in science pursuits among the general public, and to encourage younger people to be fascinated by the world we live in.



St Peters Springfield will be celebrating National Science Week during 21-25 August. The Secondary Science department will be hosting a number of activities for students to participate in, including investigating makey-makey invention kits, water rocket demonstrations and displays in The Hub. Upper Primary students will have the opportunity to visit Year 8 Science, where they will work together to create energy chains; and in Year 9 Science they will be able to test the pH level of water brought in from home.

A wonderful week of learning for our students!

Susan Levitt, Teacher

YEAR 4 CAMP



What a fabulous time Year 4 had on camp, last week! Both classes worked together as a team to make our camp a great success.

We travelled to Kindilan Outdoor Education Centre at Redland Bay and had an amazing time participating in a range of activities.

The students worked on improving teamwork skills, communication, and getting to know each other better. Over the two days the students showed courage, persistence and resilience.

We arrived back at school on Friday afternoon, very tired but happy after our camp adventure, taking home unforgettable memories of our amazing Kindilan camp.

Mrs Jeffries and Mrs Braiden, Year 4 Teachers



BIRTHING KITS



St Peters Lutheran College, Springfield would like to support the work of Zonta, in providing the labour to package 600 birthing kits. The invitation through 'Reaching Out' will be given to students from Years 7 to 12 to join.

Every hour, 33 women die of complications related to pregnancy and childbirth. An estimated 385,000 women die annually in childbirth, many from preventable infections. Most women we assist have little or no assistance during childbirth, for reasons of isolation, cultural choice, or poor transport. Providing these mothers with a clean birthing kit gives them the resources to reduce infection.

To promote sustainable change, we also fund midwifery training programs to educate Traditional Birth Attendants and complement kit distribution, and to empower these women through education.

The production line will be on **Wednesday 23 August**. Afternoon tea and instructions will be at 2:50pm in the staff room, with the real fun starting at **3:15pm until 5:30pm**.

Students will need to arrange their own transport home afterwards.

Please let Mrs Anglin know if your child will be assisting in the production of these kits: k.anglin@stpeters.qld.edu.au.

A **BIG** thank you to Mr Daniel Cadman, who is donating his beard to help raise funds for this project. The **SAVE or SHAVE** challenge closes on Thursday 17 August. The great revealing will be during lunch on the concourse... Save or Shave.

Kerrie Anglin, Teacher



proudly supported by Zonta

 **Zonta International**
District 22, 23 and 24
Advancing the Status of Women Worldwide

IMPORTANT CONTACTS

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[Click here to view the complete contact list](#)